

ROBINWOOD

Monday 28th September – Wednesday 30th September



STAFF

Mr Toth, Mrs Collopy, Mrs Magure, Miss Mohammed, Miss Rasul

Staff are aware of all dietary and medical needs of all children. These are considered accordingly, and activities will be adapted to meet the needs of the children.



What to bring?



It is not necessary to bring all items given on the suggested clothing list. This is just a guide.

We advise practical clothing for sportswear especially sport like trainers. Depending on the weather, please prepare the children with warm clothing or sunScreen!

What to bring?



What To Pack For Robinwood	
1x Robinwood survival kit (provided)	☒
(Waterproof cagouls, over trousers, warm fleeces and watersports footwear are all provided.)	
3x T-shirts (no vests please)	☐
3x Sweatshirts/Long sleeve tops	☐
3x Pairs of trousers	☐
1x Pair of shorts (knee length or longer please)	☐
6x Pairs of underwear	☐
6x Pairs of socks	☐
1x Pair of outdoor shoes/boots	☐
2x Towels	☐
1x Coat, ideally waterproof (for walking to centre)	☐
1x Summer hat	☐
1x Set of pyjamas	☐
1x Bag of toiletries	☐
1x Black bin liner	☐

All specialist equipment will be provided by Robinwood.

The children can use the Robinwood's waterproof clothing and the children's clothes will be washed and dried after the water sessions.

What not to bring?



Please **DO NOT BRING** any valuable items – phones, cameras, money, IPADS or expensive watches.

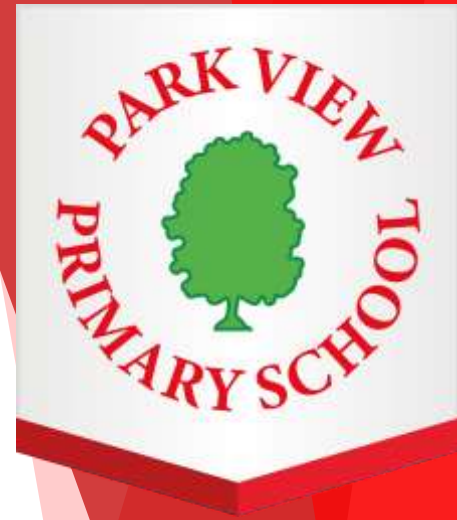
Please do not bring any aerosols as they could trigger the fire alarm for the whole Centre.



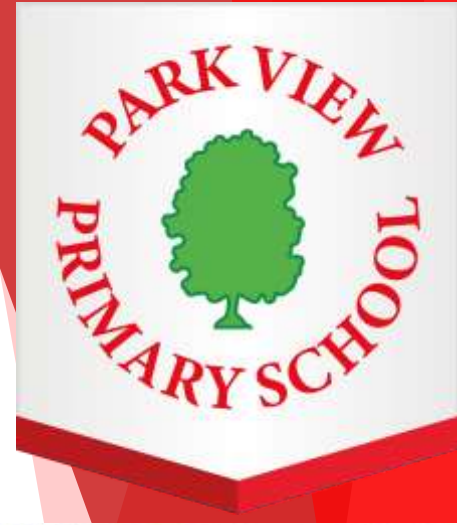
Monday 28th September

On Monday, Children are to bring the bags/cases through the school hall. Parents are to remain outside of the school hall to allow the children to come through the doors safely.

The only parents to come into school/ or to seek a staff member are the parents' bringing medication for the children, which will be signed off by a member of staff.



Monday 28th September



Children will go into the school hall, and they will be assigned a group and a bag label.

Children need to wear appropriate shoes due to the first activity starting as soon as they disembark from the bus.

We will be aiming to leave Park View Primary School between 9:45am – 10:00am.



Meals



Robinwood cater for many thousands of children each year, with special dietary requirements (Halal, Vegetarian and Vegan option are available).



Children will have Breakfast, Lunch, Dinner and snacks throughout the day. Just before the children go to bed, they will be able to have a biscuit and hot chocolate.



Example of the Meals



Break time snacks are provided and additional fruit is always available.

Hot Chocolate and a biscuit are served on both evenings.

We aim to provide healthy meals that will appeal to the children in order they get the energy intake they need to fuel their three days at Robinwood.

Lunch

Sausage Roll
Nachos
Crisps
Carrot Sticks
KitKat
Fruit

Evening Meal

Fish Fingers and Chips
(With Peas and sweetcorn)
Cheese and Tomato Pizza with Chips
(With Peas and sweetcorn)
Chocolate or Strawberry Dessert

Breakfast

Sausage
Vegetarian Sausage
Potato Bites
Beans
Toast
Choice of Cereals
Fruit available

Lunch

Jumbo Hotdog
Chicken Burger
Vegetarian version available
Sandwich with filling
(cheese, ham, tuna or jam)
Donut
Crisps
Fruit

Evening Meal

Chicken Pasta
Vegetarian Tomato Pasta
Baked Potato (with choice of filling)
Salad available
Choc Ice or Raspberry Ripple Dessert

Typical Day



Lunch 11:50 to 12:20	Quest 13:00 to 14:00	Canoeing 14:10 to 15:10	Raft Building 15:20 to 16:30	Showers 16:30 to 16:50	Trapeze 17:00 to 18:10	Evening Meal 18:20 to 19:20	Team Challenge 19:30 to 20:50	Hot Chocolate & Review of the Day 20:50 to 21:20
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Breakfast 08:20 to 09:00	Archery 09:00 to 10:20	Caving 10:30 to 11:40	Lunch 11:50 to 13:00	Night Line 13:10 to 14:10	Piranha Pool 14:20 to 15:10	Showers 15:10 to 15:30	Zip Wire 15:50 to 17:10	Evening Meal 17:10 to 18:10	Crate Challenge 18:10 to 19:30	Team Challenge 19:30 to 20:50	Hot Chocolate & Review of the Day 20:50 to 21:20
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Breakfast 07:30 to 08:10	Dungeon 08:45 to 10:00	Giant Swing 10:10 to 11:20	Climbing 11:30 to 12:30	Lunch 12:30 to 13:00
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Night Time



Evening activities will finish at 8:30pm. There will be a settling down period before the children go to bed (games, hot chocolate, team games). Children will get changed for bed, brush their teeth and lights out will be at 9:30pm.

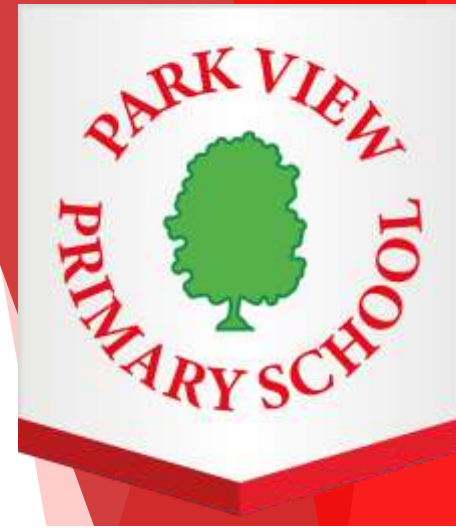


Night Time

Throughout the night, Robinwood staff are available 24/7 and the children have a button in the room if they require a staff member. Mr Toth and Miss Rasul are on call just in case the children require our assistance.



Returning Home



We will be aiming to leave the centre around 2pm and be back at school approximately 3pm – 3:15pm on Wednesday. We are in regular contact with the office staff and they will inform you when we set off or any delays.



Any Questions?

